

# Gift of Love

*If you would have love, you must first give love. And if you give divine love to others, you shall have divine love for yourself.*

—Sri Harold Klemp  
*The Slow Burning Love of God,*  
Mahanta Transcripts, Book 13

## **Spiritual purpose:**

- Practice the ECK teachings by giving service to all life with love.
- Demonstrate how the ECK teachings work in daily life.

## **Spiritual benefits:**

- Experience how serving others opens the heart to love.
- Build the spiritual relationship of the individual or family with the Mahanta.

## **How it works:**

- **Designate a time** to serve others with love.
- **Sing HU.**
- **Choose a service activity** to serve the ECK, the Mahanta, and all life with love and joy.
- **Review the spiritual benefits** from the service activity.

## **Your gift of love:**

Is there a gift of love you'd like to give as a family or as an individual? You can write it here:

