

SPOTLIGHT ON ECK FAMILIES

Our ECK Rite of Passage Journey

By LIZ MALLET, United Kingdom

Recently, my husband and I experienced the ECK Rite of Passage with our two children in a joint ceremony. It was extra special for me, because I performed the ceremony as a member of the ECK clergy.



ECK Rite of Passage class for youth across the UK to study *The ECK Rite of Passage Youth Study Guide*. For me as the Arahata, it was inspiring to see them realize that they can reach for God-Realization in this lifetime—that they are in training to be ECK Masters!

Our son and daughter chose to have their ECK Rite of Passage ceremony at home in our garden. Even one of our little cats joined us, putting her paw on my foot as I read from *The ECK Rite of Passage*.

It was a truly beautiful occasion, filled with gratitude for the MAHANTA and for what the ECK teachings have given our family.

WHAT HELPS
YOUR FAMILY
DURING TIMES
OF CHANGE?

The journey began after we moved to a new town and the children were no longer able to attend their youth Satsang. Inspired by Sri Harold's account of having a Satsang with his daughter in the evening, we decided to begin a family Satsang. We felt spending this time together would help us through that time of change.

Each night, we read a page or two from one of the youth discourses or picked a question from *Youth Ask a Modern Prophet about Life, Love, and God*. We'd discuss what we read and do a spiritual exercise. Sometimes, if a challenge had come up at school, we'd use the time to seek guidance from the Inner Master. Other times, we just sang *HU*. Even a short time together was beneficial and helped us decompress and reconnect with the MAHANTA and each other.

Eventually, we connected with other families and started an online



Sri Harold Answers!

BRINGING CHILDREN INTO THIS WORLD

Q: *With the pace of world events, the prevalence of victim consciousness, and the future the Shariyat, Book One, describes at the end of chapter 3, is it responsible to bring children into the world?* —Pam, USA

A: Dear Pam,

People blessed to be born into this world have the good fortune to resolve many of their spiritual conflicts.

As to the question of whether to bring a child into this world: Do you have the financial means as well as



Love makes
all things possible.

a strong desire to have a child? Contemplate well upon this, for two lives are on the line.

Still, love makes all things possible.

Harold

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