

# SPOTLIGHT ON ECK FAMILIES



## Sri Harold Answers!

### TRANSITION INTO THIS LIFE

*Q: I have a four-year-old daughter and a ten-month-old baby. We do the HU daily. However, I don't know how to teach my daughter about you.*

*The other day she said she felt alone at school, and she'd had a nightmare. I mentioned she can call you to ask for help and companionship. But she does not understand.*

*Can you please help me find ways to teach a baby and a preschooler about the Mahanta?*

—Ana

*A: Dear Ana,*

Your children need time to transition into this life. Even as we dare not pressure people to come into ECK, we must let our children develop an understanding of the Mahanta in their own time.

The transition spoken of above means that newcomers into this life need

elbow room to work through things like nightmares, which usually go away by age six or so. Your daughter also needs more time to absorb the social skills that allow others into her circle.

Every child may have multiple tasks to learn before entering into the fullness of this life. The Mahanta is always with your young, but they need time to express what they see and know.

Continue to sing HU with them. Soul is in no hurry.

A hug and kiss for you and yours,

*Harold*



Continue to sing HU with them. Soul is in no hurry.

### VALUES AND BALANCE

*Q: We are living in a time where, in North America, some of our constitutional rights are being threatened, including parental rights. Since I place a high value on freedom and want the best for my child, I have begun to participate in events and groups that are a voice for protecting these rights, especially those pertaining to children.*

*I've found, however, that a fine line exists between advocating passionately and allowing oneself to become too emotional. I want to do my part to protect my child. At the same time, I understand the spiritual importance of detachment. To attempt to remain in balance, I sing HU throughout the time I spend educating myself and participating in these events. I also take breaks to help me maintain a spiritual perspective.*

*Can you give any advice on what else I can do to keep walking this line more consciously? How can we do our part and still stay in balance and come from a place of love?*

—A Protective Parent

*A: Dear Protective Parent,*

I understand this is a hot topic for parents around the world now. But let's look at North America.

When we speak of constitutional rights, it means politics is involved and suggests two opposing viewpoints. Which side is fighting hardest for the constitutional rights of parents and their children?

Suppose for a moment that the side fighting hardest for these rights is a long-standing opponent

of yours. Wouldn't you have to hold your nose when participating in their events? If so, you're tearing yourself in two.

To maintain your equilibrium, you must be completely honest with yourself. Look closely at your values, and determine if the political faction you do not support is actually the one carrying the torch for justice. You have a decision to make.

You must give your whole support to the values you support. Otherwise guilt will tear you apart.

Decide what you're fighting for. Give up your prejudices, and you'll be a lot more peaceful inside.

*Harold*

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