

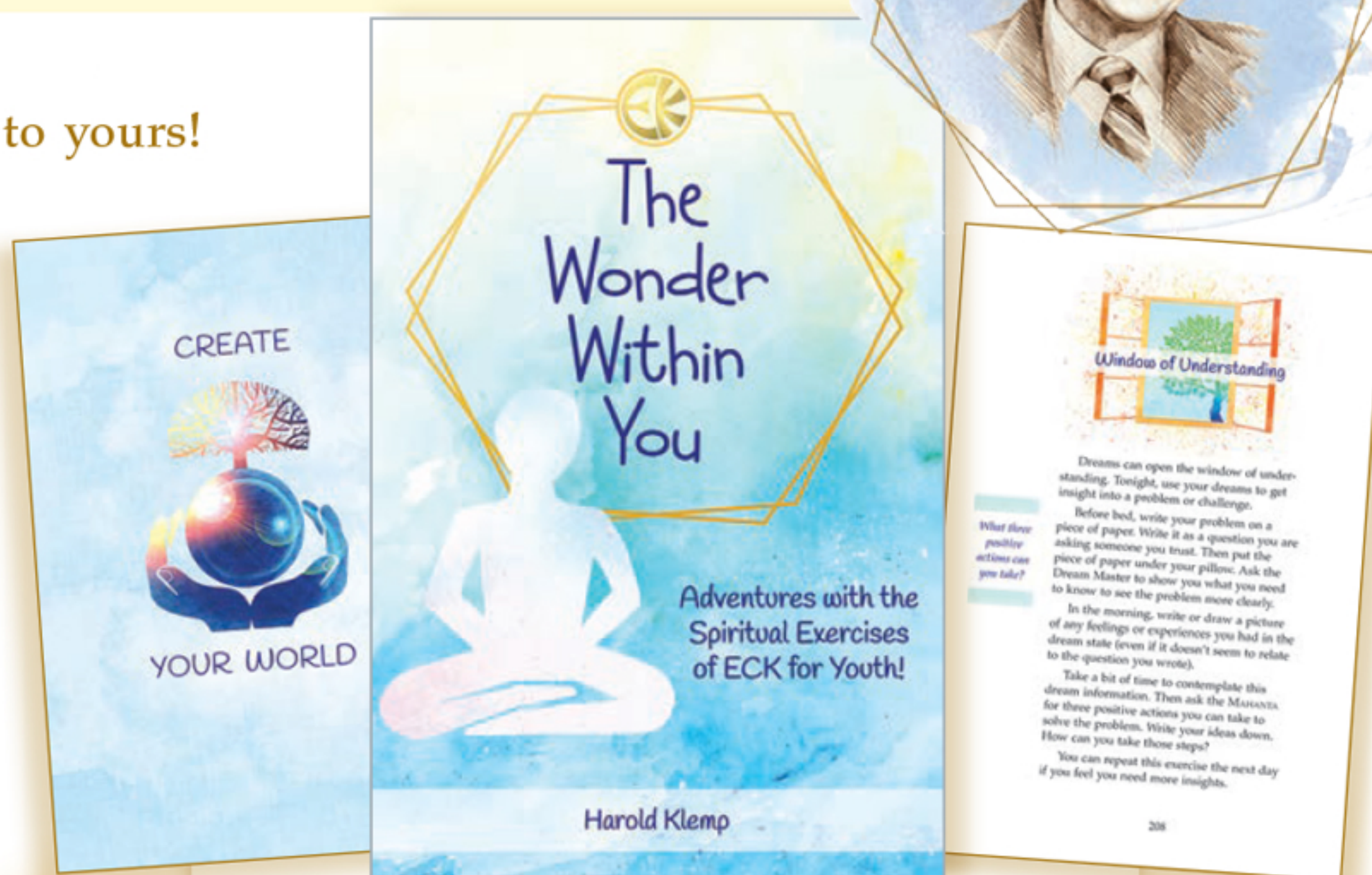
SPOTLIGHT ON ECK FAMILIES

New from Sri Harold for Youth
Enjoy Adventures with the Spiritual Exercises of ECK!

Straight from the Master's heart to yours!
This dynamic book is an invitation to ECK youth around the world to take an inner leap and live their highest life!

Designed especially for teens, these fully illustrated Spiritual Exercises of ECK meet every spiritual need. Journal pages and go-to quotes invite active reflection.

ECK youth now have their own golden keys to navigate and thrive in today's changing world.



Can be used for youth book discussions!

“I absolutely love this book! It is incredibly helpful to have so many youth-friendly spiritual exercises in one place. I can easily help my kids find exercises that support their spiritual journey, needs, and questions. Each exercise puts my children in the driver's seat of their spiritual adventures with Wah Z. Thank you from the depths of my heart!

A Grateful Mama

Let Them Lead!

By SHELLEY HYNDMAN, Minnesota, USA

When our children were younger, we started each day with a spiritual exercise. However, we soon realized that our children felt this was a chore. So we were grateful when the Inner Master gave my husband a simple answer in contemplation: Let them lead!

We began taking turns leading the spiritual exercise. Now the children could hardly wait for their daily Soul adventure! To our surprise, we were all treated to fun opportunities to use our

divine imagination!

Our son might have us write down a concern and then crumple up the paper and shoot it into a wastebasket he had set in the middle of the room. This helped us actively release our worries to the ECK Stream.

Our daughter liked taking us to a beautiful seaside temple with a spiral staircase. She often met Wah Z and his wife, Joan, there. She said she would bake cookies with Joan, then Wah Z would invite her to explore. She then guided us to a hallway where every connecting

room focused on a specific spiritual principle. We each chose a room and had our personal adventure with the MAHANTA.

We were so grateful our children were having fun learning how to go to the temple within and connect with the Inner Master with an open heart!

The Wonder within You, from Sri Harold, offers that connection of the heart for youth everywhere, every day. A gift of spiritual confidence, companionship, and trust in the Inner Master.



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